Castles & Islands Challenge 2026

Coquet Yacht Club - Individual Crew / Runner Declaration

Participant Details

Boat Name:

Skipper:

Participant Name:

Declaration

I confirm that I am participating in the Event as a crew member or runner entirely at my own risk. I understand and agree that, under RRS Fundamental Rule 3 (Decision to Race), responsibility for deciding to participate or to continue in the Event rests with the boat and its skipper, or in the case of runners, with me as an individual participant.

I acknowledge that sailing and running in a marine environment are inherently risky activities which may result in injury, damage, or death. I take part entirely at my own risk. Nothing in this declaration excludes or limits liability for death or personal injury caused by negligence where such liability cannot be excluded under UK law.

I confirm that I am responsible for determining my own medical and physical fitness to participate and that I will comply with the Notice of Race, Sailing Instructions, and any directions given by event officials or marshals.

Medical Information (Optional but Strongly Recommended)

Please provide details of any medical conditions, allergies, or medications that may be relevant in an emergency.

Medical Conditions:

Allergies:

Regular Medication:

Other Relevant Information:

☐ I consent to this information being shared with event officials and emergency services if required.

Signature: Date:

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Tracking Devices

Where a tracking device is issued to me, I agree to carry or use it strictly in accordance with the instructions provided and to ensure it remains operational while I am participating. Tracking devices are provided as an aid to event management and safety oversight only and do not constitute a guarantee of monitoring, assistance, or rescue. I accept full financial responsibility for any tracking device issued to me.

Signature: Name:

Date:

Emergency Contact

Emergency Contact Name:

Emergency Contact Number:

Data Protection (UK GDPR)

Personal data supplied on this form will be used by Coquet Yacht Club solely for the purposes of administering and managing the Castles & Islands Event. This includes event organisation, safety management, communications, results, insurance, and regulatory compliance.

Personal data will be processed in accordance with applicable data protection legislation, including the UK General Data Protection Regulation (UK GDPR). Data will not be shared with third parties except where necessary for event safety, insurance requirements, or where required by law. Personal data will be retained only for as long as necessary for these purposes and handled securely at all times. Participants have the right to request access to or correction of their personal data.